



SLIM'S
HEALTHY
KITCHEN



5 DISHES

ALL UNDER 500 CALORIES

BEFORE 5PM



FOR £5



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Brisket Bowl

Kcals 483 | Protein 38.6g | Fat 14.3g | Carbs 49g

Slow cooked beef brisket & basmati rice with shredded carrots, spring onions and fresh red chilli.

Satay Bowl

Kcals 430 | Protein 44g | Fat 9.8g | Carbs 38.5g

Chargrilled chicken & basmati rice with crunchy peppers, onions and our own homemade satay.

Falafel Bowl

Kcals 462 | Protein 14.7g | Fat 14.5g | Carbs 64g

Falafel & basmati rice with red cabbage slaw and garlic & herb yoghurt.

Sriracha Chicken Bowl

Kcals 409 | Protein 43g | Fat 2.8g | Carbs 51g

Chargrilled chicken & basmati rice with shredded carrot, spring onion, and our own homemade Sriracha sauce.

Prawn Thai Red Curry Bowl

Kcals 481 | Protein 9.5g | Fat 26.4g | Carbs 49g

King prawns, wok-fried seasonal vegetables & basmati rice.

*available Monday to Friday only

#CHOOSEBALANCE

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