

SLIM'S HEALTHY KITCHEN

COFFEE & TEA

COFFEE

AMERICANO	£2.30
ESPRESSO	£1.75
MATCHA LATTE	£3.00
MILK BASED ESPRESSO	£2.70

teapigs.

EVERYDAY BREW	£2.50
EARL GREY	£2.50
CHAI	£2.50
SUPER FRUIT	£2.50
PEPPERMINT LEAVES	£2.50
CHAMOMILE TEA	£2.50
MAO FENG GREEN	£2.50
CLEAN N GREEN	£2.50

Slim's Healthy Kitchen aims to offer healthier alternatives to the dishes you love, yet we cannot guarantee that guests with food and /or beverage allergies may not be exposed through cross contamination (particularly nuts / seeds). Every care is taken to avoid any cross contamination when processing a specific allergen free order. We do however work in a kitchen that processes allergenic ingredients & does not have a specific allergen free zone or separate dedicated fryers. Allergen data is held on each of our dish ingredients, so please ask your server should you require any more detail.

#CHOOSEBALANCE
slimskitchen.com

   @slimshhealthykitchen



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COFFEE &
DRINKS MENU

SLIM'S HEALTHY KITCHEN

JUICES & SHAKES

FRUIT JUICE

FRUIT BREEZE	£4.00	SUPER HERO	£4.00
Strawberries, raspberries, apple, lime, pineapple & banana		Strawberries, kiwi & apple	
POPEYE	£4.00	PURPLE MINT	£4.00
Apple, lime & spinach		Pineapple, pear, blueberries, kiwi & mint	
TROPICAL TWIST	£4.00	BERRY NICE	£4.00
Apple, passionfruit & pineapple		Strawberries, raspberries, blueberries & apple	
STRAWBERRY SUNSET	£4.00		
Strawberries, banana & apple			



SIMPLE SHAKES

VITAMIN TWIST	£4.50	BLUEBERRY BURST	£4.50
Raspberries, strawberries, banana, OJ, Berocca & agave		Blueberries, banana, apple, vanilla frozen yogurt & OJ	
JOKER	£4.50	THE REEFER	£4.50
Passionfruit, mango, tropical juice & vanilla frozen yogurt		Strawberries, raspberries, pineapple, mango & pineapple juice	
HONEYSUCKLE	£4.50	BLUE STEEL	£4.50
Raspberries, banana, mango, agave, vanilla frozen yogurt & OJ		Blueberries, mango, tropical juice & vanilla frozen yogurt	

PROTEIN SHAKES (VEGAN PROTEIN AVAILABLE)

PROTEIN KICK	£5.50
Blueberries, banana, raspberries, vanilla whey & semi skimmed milk	
PEANUT BUTTER BANANZA	£5.50
Peanut butter, banana, agave, banana whey & almond milk	
BOUNTY	£5.50
Chia seeds, chocolate & vanilla whey, coconut & coconut milk	
MR. GREY	£5.50
Strawberries, freshly juiced watermelon, strawberry whey & vanilla frozen yogurt	

DETOX

LEAN GREEN	£4.50	VITABOOST	£4.50
Kale, pineapple, cucumber, lemon & celery		Apple, cucumber, spinach, celery, lime & pineapple	
FEARON	£4.95	BUGS BUNNY	£4.50
Apple, cucumber, spinach, pineapple, avocado, ginger & lime		Apple, carrot & ginger	
SUPER GREEN	£4.50	KALE CLEANSER	£4.95
Cucumber, celery, spinach, kale, lemon, kiwi & ginger		Kale, cucumber, ginger, lemon & pear	

VEGGIE JUICE

AMINO SLUSHIES

LEMON & LIME	£3.50
PASSIONFRUIT & MANGO	£3.50

BOOST IT £1

POWDERED WHEATGRASS / CREATINE / DATS / WHEY PROTEIN / AMINO / PRE-WORKOUT / ESPRESSO / FLAXSEED

*Drinks containing whey protein or aminos may not be suitable for women who are pregnant or children. Please seek advice from your physician if you are unaware of your current health condition.

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DRINKS

SKINNY COCKTAILS

COCONUT MARGARITA	£6.50	STRAWBERRY DAIQUIRI	£6.50
Triple sec, tequila, lime, coconut water & coconut milk calcs 200, fat 2.3g, carbs 32.5g, protein 0.1g		Dark rum, strawberry, stevia & lime calcs 98, fat 0g, carbs 0g, protein 0.7g	
MANGO COLADA	£6.50	BELLINI	£6.50
White rum, mango, coconut milk & lime calcs 251, fat 5g, carbs 37.1g, protein 0.6g		Skinny Prosecco & passionfruit calcs 110, fat 0g, carbs 18.5g, protein 0g	
WATERMELON MOJITO	£6.50	BLUEBERRY FIZZ	£6.50
White rum, watermelon, stevia & mint calcs 128, fat 0.2g, carbs 14.4g, protein 1.1g		Skinny Prosecco, blueberry & mint calcs 88, fat 0g, carbs 13.2g, protein 0g	

WINES

WHITE

PALMENTO PINOT GRIGIO 75CL	£18.50
MILLSTREAM SAUVIGNON BLANC 75CL	£19.50
LA PALMA CHARDONNAY 18.75CL	£4.95
LA PALMA SAUVIGNON BLANC 18.75CL	£4.95

RED

PALMENTO SHIRAZ 75CL	£18.50
MILLSTREAM PINOTAGE 75CL	£19.50
LA PALMA CABERNET SAUVIGNON 18.75CL	£4.95
LA PALMA MERLOT 18.75CL	£4.95

ROSÉ

VENDANGE WHITE ZINFANDEL 75CL	£14.50
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SPARKLING

SKINNY PROSECCO 75CL	£28.00
BY THE GLASS	£6.00

BEER & CIDER

PERONI 330ML	£3.50	STOLICHNAYA VODKA	£3.50
COORS LIGHT 330ML	£3.50	BOMBAY SAPPHIRE	£3.50
ÄLSKA GLUTEN FREE CIDER	£4.50	BACARDI	£3.50

SPIRITS

SIMPLE SERVE GIN

LIME AND RED CHILLI	£4.95	STRAWBERRY, BASIL AND CRACKED BLACK PEPPER	£4.95
RASPBERRY AND MINT	£4.95		

#CHOOSEBALANCE

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